



### Maritime Hammock Sanctaury

6200 S. Highway A1A, Melbourne Beach, FL

Park at the north trailhead on the west side of A1A along the paved bike path. The trail heads west towards the river, and turns north along the shoreline. From the pond, the trail loops back to the south along the shoreline dike road. Cross over the canal to the left, and continue back to A1A. Follow the paved bike path north back to the trailhead. (5k loop)

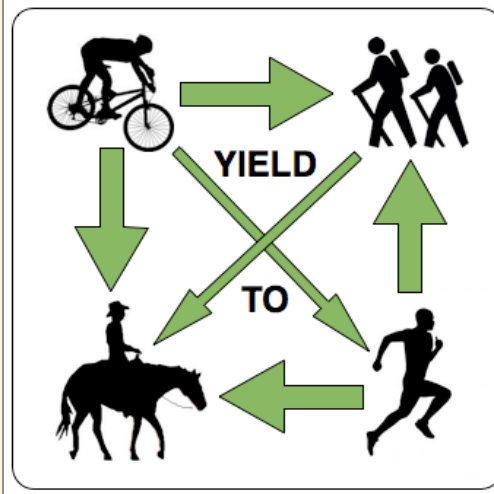
Hours: Dawn to Dusk

### Micco Scrub Sanctaury

Micco Road, Micco, FL

Park at the trailhead on the north side of Micco Road, between Babcock Street and the I-95 crossover. Follow the 3.5 mile marked loop trail through the pine flatwoods habitats. No bathrooms are available.

Hours: Dawn to Dusk



### SHARING THE TRAILS

Many of our local trails are multi-use trails that allow for a variety of recreational uses. Encouraging all users to remember proper trail etiquette, will help to ensure that everyone has an enjoyable experience on the trails.

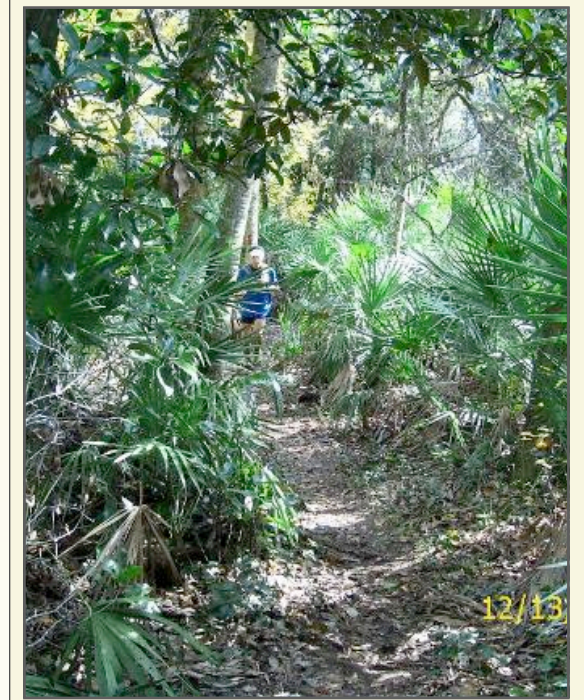
Remember that the faster users should always yield to the slower users unless there is a horse involved.

Refer to the chart above as a good guide for proper trail etiquette.

- Bikers yield to hikers, runners & horses
- Hikers yield to horses
- Runners yield to hikers and horses
- Horses should have the right of way
- Be respectful
- Have fun

# TRAIL RUNNING

## AT BREVARD COUNTY



### NATURE SANCTUARIES

In 1990 and again in 2004 Brevard County voters approved two property tax referendums to preserve the county's natural heritage and biological diversity for future generations to enjoy.

Many of these local nature sanctuaries provide excellent trail running opportunities for those who enjoy mixing their passion of running with their love of nature.

## Trail Descriptions

The following trail locations provide great opportunities for trail running and hiking. These particular trails have been identified because they offer great natural scenery, compacted trail surfaces with very little "sugar sand", and some shade from the Florida sun. All trails are unimproved wilderness hiking trails.

Please remember to run with a friend, and always let someone else know where you're going. Be prepared for hot conditions, run with water and be respectful of other trail users and the wildlife.

For questions, concerns, or to report a problem, call 321-255-4466.

### Scottsmoor Flatwoods Sanctuary

4055 Magoon Ave. Scottsmoor, FL

Trail starts on the north and south sides of Parrish Park Scottsmoor. The trail passes through open pine flatwoods, and some shaded hammocks in the south end. Great location for cool weather running. Bathrooms are available at the park. (6 mile loop).

Hours: Dawn to Dusk

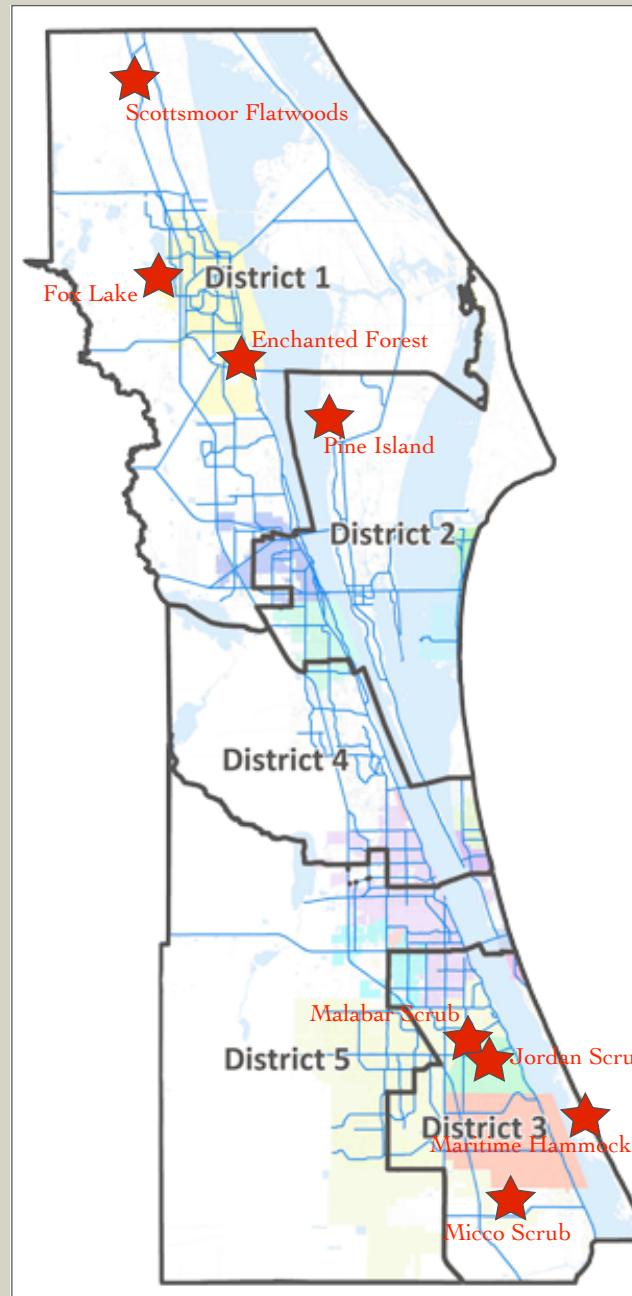
### Fox Lake Sanctuary

4400 Fox Lake Road, Titusville, FL

Trail starts at the trailhead at the south end of the park near the Cheryl K. Page pavilion. The trail is mostly shaded with nice views of Fox and South Lakes. The trail passes through oak hammocks, bay tree forests, pine flatwoods and scrub ridges. The first few hundred yards of the trail passes through private property, so please stay on the marked trail and respect the signs. Bathrooms are available at the park. (5 mile loop with longer options).

Hours: Dawn to Dusk

## Trail Locations



For trail maps go to:

<http://www.brevardcounty.us/eelprogram/home>

### Enchanted Forest Sanctaury

444 Columbia Blvd., Titusville, FL

Trail starts at the south end of the parking lot at the environmental education center. A 5k route is marked with yellow diamonds with black arrows. Bathrooms are located in the education center. (5k loop)

Hours: Dawn to Dusk

### Pine Island Conservation Area

6195 N. Tropical Trail, Merritt Island, FL

The best access is from the Sams House Education Center on North Tropical Trail. 4.5 miles of trail pass through oak and palm hammocks, dirt access roads, and pine flatwoods. The trail can also be accessed from the main gate at the end of Pine Island Road. Bathrooms are available at the Sams House. (2.5 to 7 mile options)

Hours: Dawn to Dusk

### Malabar Scrub Sanctuary

1501 Malabar Woods Blvd. Malabar, FL

Park at the bathrooms at Malabar Community Park, and access the trail by entering the main gate of the Sanctuary on the old concrete road. Take your first left onto the trail and continue around the west side of the pond. Follow the trails north and westward through the Cameron Preserve, to the trails on the western portion of the sanctuary. This is a popular mountain biking area. (2 to 10 mile loops).

Hours: Dawn to Dusk

### Jordan Scrub Sanctuary

2425 Marie Street Malabar, FL

Park at the small trailhead on the left side of Marie Street, south of Malabar Rd. after it turns to dirt.

From the trailhead, follow the main trail to the east, and then south through the main portion of sanctuary and the interior lakes. No bathrooms are available. (3.4 mi. loop)

Hours: Dawn to Dusk